

Michael J. Roberts, M.D., Inc.

F.A.A.A.A.I., F.A.C.A.A.I., F.A.A.P.

Diplomate American Board of Allergy and Immunology

(818) 887-1556

7230 Medical Ctr. Dr., #602 • West Hills, CA 91307

NAME _____ AGE _____ DATE _____

ALLERGY QUESTIONNAIRE

I. MAJOR REASON FOR VISIT (circle yes or no)

- | | | |
|--|-----|-------|
| A. Nose Problems | YES | NO |
| B. Chest Problems | YES | NO |
| C. Skin Problems | YES | NO |
| D. Ear Problems | YES | NO |
| E. Eye Problems | YES | NO |
| F. Other _____ | | |
| G. Of problems A through F, which seems most important to you? | | _____ |

II. DRUG ALLERGY / REACTION

A. Name of Drug _____ Reaction _____

III. SYMPTOMS

A. CHEST (circle yes or no)

- | | | |
|--|-----|----|
| 1. Wheezing | YES | NO |
| If yes, what age did it begin _____ | | |
| 2. Chronic Cough | YES | NO |
| 3. How many days of school/work did you/your child miss in the past 6 months because of wheezing _____ | | |
| 4. Hospitalizations for Asthma _____ | | |

B. UPPER RESPIRATORY SYMPTOMS (circle yes or no)

- | | | |
|---|-----|----|
| 1. Frequent nose congestion | YES | NO |
| 2. Frequent discharge from nose | YES | NO |
| 3. Frequent ear infections | YES | NO |
| 4. Mouth breathing | YES | NO |
| 5. Frequent sneezing | YES | NO |
| 6. Noisy breathing / snoring during sleep | YES | NO |
| 7. At what age did the nasal problems start _____ | | |

C. EYES (circle yes or no)

- | | | |
|--------------------------------------|-----|----|
| 1. Redness / itching | YES | NO |
| 2. Discharge | YES | NO |
| 3. When did eye symptoms start _____ | | |

D. SKIN (circle yes or no)

- | | | |
|---------------------------------------|-----|----|
| 1. Eczema (allergic skin rash) | YES | NO |
| a. Only as infant/child | YES | NO |
| b. Present now? | YES | NO |
| 2. Hives, Welts | YES | NO |
| 3. Dry skin | YES | NO |
| 4. When did skin problems start _____ | | |

E. GASTROINTESTINAL (circle yes or no)

- | | | |
|--|-----|----|
| 1. Frequent episodes of nausea, vomiting, abdominal cramps, bloating sensation, diarrhea | YES | NO |
| a. Association with specific foods | YES | NO |
| LIST _____ | | |
| 2. Rash, Hives | YES | NO |
| a. Food Association | YES | NO |
| LIST _____ | | |

F. STINGING INSECT ALLERGY (circle yes or no)

- | | | |
|---|-----|----|
| 1. Reaction to bee, hornet, wasp or yellow jacket sting | YES | NO |
| a. Describe reaction _____ | | |

IV. RELATIONSHIP OF SYMPTOMS TO POSSIBLE CAUSES

- A. Seasonal difference between winter, spring, summer, fall **YES NO**
Specify change in symptoms _____
- B. Are symptoms worse during the day or the night
or the same all the time _____
- C. Symptoms increase with (circle yes or no)
- | | | | |
|------------------------------------|--|------------|-----------|
| 1. Wind | | YES | NO |
| Symptom _____ | | | |
| 2. Rain | | YES | NO |
| Symptom _____ | | | |
| 3. Mowing lawn or playing in grass | | YES | NO |
| Symptom _____ | | | |
| 4. Vacuuming, house dust | | YES | NO |
| Symptom _____ | | | |
| 5. Colds or infections | | YES | NO |
| Symptom _____ | | | |
| 6. Exposure to animals | | YES | NO |
| a. Which animal _____ | | | |
| Symptom _____ | | | |
| 7. Weather change | | YES | NO |
| Symptom _____ | | | |
| 8. Smog | | YES | NO |
| Symptom _____ | | | |
| 9. Odors | | YES | NO |
| Symptom _____ | | | |
| 10. Running | | YES | NO |
| Symptom _____ | | | |
| 11. Tension, emotional upset | | YES | NO |
| Symptom _____ | | | |
| 12. Laughter/Excitement | | YES | NO |
| Symptom _____ | | | |

V. FAMILY HISTORY

Symptoms	Relationship to Patient	(circle)	
A. Asthma _____	_____	YES	NO
B. Bronchitis _____	_____	YES	NO
C. Emphysema _____	_____	YES	NO
D. Nose allergy/Hayfever _____	_____	YES	NO
E. Hives _____	_____	YES	NO
F. Skin allergy/Eczema _____	_____	YES	NO
G. Cystic fibrosis _____	_____	YES	NO

VI. ENVIRONMENT

- A. Pets (circle yes or no)
- | | | | | | |
|------------|------------|-----------|-----------------------|------------|-----------|
| 1. Dogs | YES | NO | 4. Horses | YES | NO |
| 2. Cats | YES | NO | 5. Birds | YES | NO |
| 3. Rabbits | YES | NO | 6. Other (list) _____ | | |
- B. Does anyone smoke at home **YES NO**
If yes, list _____

VII. TREATMENT

- A. Previous allergy skin tests or blood tests **YES NO**
- | | |
|---------------|------------------|
| 1. When _____ | 2. By whom _____ |
|---------------|------------------|
- B. Have you received allergy shots in the past **YES NO**
- | | |
|-----------------------|--------------------------------------|
| 1. For how long _____ | 2. Were they effective YES NO |
|-----------------------|--------------------------------------|
- List all current medications; include over-the-counter preparations, vitamins, birth control pills etc. _____